

Celebrating Differences



This half term across the school we are focusing on 'Celebrating Differences' each week has a theme (puzzle piece) - acceptance, inclusion, what is bullying?, solving problems, kind words and compliments. This is discussed and taught to each year group using age appropriate resources. This week our theme is 'What is bullying?'. At Lyndhurst School we talk to children about how to build good relationships with their classmates all year round. However, we use 'What is bullying?' week to address some of the key messages around bullying – what it is, how it feels, how to prevent it and

what to do if it happens. Parental understanding and involvement are essential if anti-bullying work is to be effective. We want to share some information which might be useful for parents.

What do we teach about bullying?

Bullying is when someone hurts you...



SEVERAL TIMES ON PURPOSE

Bullying is not the odd occasion of falling out with friends, name calling, arguments or fights. However, these are also serious incidents which would be dealt with by teachers.

Bullying is intentional, repetitive physical or verbal or it could be done online. Anti-Bullying Alliance, <https://www.anti-bullyingalliance.org.uk/>, has some amazing resources including 'Working with Parents'.

At home you and your child could watch the following clip

<https://www.youtube.com/watch?v=WQKsYjO5OFg>

The key messages are:

How can you look out for others?

How can you include others?

What can you do to support yourself?

How does it feel?

How can you spot the signs of someone being mean to another person?



Additional Websites

Support for parents on bullying from the NSPCC

<https://www.nspcc.org.uk/what-is-child-abuse/types-of-abuse/bullying-and-cyberbullying/#support>

BBC Advice and information

<https://www.bbc.co.uk/newsround/50323559>

Girl Bullying

<https://www.psychologytoday.com/gb/blog/passive-aggressive-diaries/201202/what-do-when-your-daughters-friend-is-bully>

Anti-Bullying from Diana Award

<https://www.antibullyingpro.com/>

Young Minds advice on bullying

https://youngminds.org.uk/find-help/feelings-and-symptoms/bullying/?gclid=Cj0KCQiAn8nuBRCzARIsAJcdIfPrupINR9Cq7iG_Ct61zqqGwiHHtheseoZBHYFCXAFtwqusnPq04DoQaArEIEALw_wcB