

Lunch Menu

Week One
Lyndhurst School



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

EVERYDAY

Main

Mediterranean
Chicken &
Vegetable Tray
Bake

Ham & Cheese
Quiche

Roast Chicken
with Stuffing &
Gravy

Spaghetti
Bolognaise

MSC Battered
Fish Fingers

**Meat
Free**

Vegetable
Pasta Bake

Cheese &
Spring Onion
Quiche

Cheese &
Tomato
Turnover

Quorn Mince
Bolognaise

Halloumi
Burger

Salad Bar
Jacket
Potatoes

**& To Go
With**

Sweetcorn
Green Beans

New Potatoes
Peas

Roast Potatoes
Carrots
Broccoli

Garlic Bread
Sweetcorn

Peas
Baked Beans
Oven Chips

Jelly
Yoghurt
Cut Fruit

Pudding

Jam Roly Poly &
Custard

Lemon Drizzle
Cake

Chocolate &
Beetroot
Brownie

Rhubarb
Crumble &
Custard

Chocolate Chip
Shortbread



Weeks beginning 6th Jan/3rd Feb/9th March

Lunch Menu



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

EVERYDAY

Main

Korma Style
Chicken Curry

Pizza Bar
with a selection
of Toppings:
Pepperoni
Ham

Roast Gammon
with Gravy

MSC Battered
Fish

Creamy Chicken
Pie topped with
Mashed Potato

Meat
Free

Roasted
Vegetable
Pasta Bake

Margherita

Cheese &
Roasted Red
Pepper Quiche

Cheese
Omelette

Quorn Cottage
Pie

Salad Bar
Jacket
Potatoes

& To Go
With

Rice
Peas

Garlic Bread
Coleslaw

Roast Potatoes
Carrots
Cabbage

Chips
Peas
Baked Beans

Roast Parsnips
Green Beans

Jelly
Yoghurt
Cut Fruit

Pudding

Ginger
Shortcake

Syrup Sponge &
Custard

Cherry
Cheesecake

Chocolate &
Salted Caramel
Cake

Chocolate
Biscuits

Weeks beginning 13th Jan/10th Feb/16th March



Lunch Menu



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

EVERYDAY

Main

Jacket Potato Bar with a selection of Toppings: Tuna Mayo, Chilli Con Carne, Cheese or Baked Beans

Butcher's Sausages with Gravy

Roast Turkey with Stuffing & Gravy

Mexican Beef & Tortilla Bake

MSC Battered Fish Fingers

Meat Free

Quorn Sausages

Cheese & Onion Turnover

Stuffed Peppers

Spanish Omelette

Salad Bar
Jacket Potatoes

& To Go With

Salad Bar

Mashed Potato
Savoy Cabbage
Peas

Roast Potatoes
Carrots
Broccoli

Sweetcorn
Green Beans

Oven Chips
Baked Beans
Peas

Jelly
Yoghurt
Cut Fruit

Pudding

White Chocolate Mousse with a Ginger Crumble Topping

Rice Krispie Cakes

Banoffee Pie

Fruit Crumble with Custard

Chocolate & Orange Cake

Weeks beginning 20th Jan/24th Feb/23rd March



Lunch Menu



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

EVERYDAY

Main

Macaroni
Cheese with
Ham

Hot dog

Roast Beef with
Yorkshire
Pudding & Gravy

MSC Battered
Fish with
Lemon

Beef Lasagne

Meat
Free

Macaroni
Cheese

Quorn Dog

Cheese &
Tomato Quiche

Spaghetti with
Roasted
Tomato & Basil
Sauce

Quorn Lasagne

Salad Bar
Jacket
Potatoes

& To Go
With

Peas
Green Beans

Potato Wedges
Baked Beans

Roast Potatoes
Carrots
Savoy Cabbage

Oven Chips
Peas
Baked Beans

Garlic Bread
Sweetcorn
Green Beans

Jelly
Yoghurt
Cut Fruit

Pudding

Chocolate
Tiffin

Warm
Gingerbread
with Custard

Date & Oat
Slice

Sticky Toffee
Pudding with
Custard

Lemon Biscuits

Weeks beginning 27th Jan/2nd March

