



# LUNCH Lyndhurst School



Monday

Tuesday

Wednesday

Thursday

Friday

Everyday

Main

Bolognaise pasta bake with garlic bread

Fishcake

Roast Gammon with Gravy

Mild Chicken Curry with rice

Cumberland sausages

Meatfree

Quorn & roasted pepper lasagne

Cheese and tomato fritata

Roasted vegetable & pesto parcel

Creamy vegetable stroganoff

Quorn bolognaise

**Salad Bar  
Jacket Potatoes**

And to go with

Sweetcorn  
Coleslaw

Chips  
Peas  
Baked beans

Roast Potatoes  
Carrots  
Broccoli

Roast parsnips  
Green Beans

Mashed potato  
Cabbage  
Peas

**Jelly  
Yoghurt  
Cut Fruit**

Pudding

Gingerbread man

Rice krispie cake

Cinnamon swirl

Apple turnover with cream

Chocolate ice cream



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Weeks beginning 6<sup>th</sup> Sept / 27<sup>th</sup> Sept / 18<sup>th</sup> Oct / 22<sup>nd</sup> Nov





# LUNCH Lyndhurst School



Monday

Tuesday

Wednesday

Thursday

Friday

Everyday

Main

Jacket Potato bar with a selection of toppings  
Beef

Chicken in a tomato and tarragon sauce

Roast Turkey with stuffing and gravy

Beef Lasagne with garlic bread

Battered Fish

Meatfree

bolognaise  
Tuna Mayo  
Cheese & Beans

Ratatouille vegetable tart

Cheese & tomato slice

Vegetable meatball in a tomato & basil sauce

Haloumi Burger

**Salad Bar**  
**Jacket Potatoes**

And to go with

Salad bar

Cous cous  
Sweetcorn  
Green beans

Roast Potatoes  
Roasted carrot and parsnip

Sweetcorn  
Broccoli

Chips  
Baked beans  
Peas

**Jelly**  
**Yoghurt**  
**Cut Fruit**

Pudding

Cherry shortbread

Sticky toffee pudding with custard

Chocolate chip muffin

Jam & coconut sponge with custard

Chocolate & salted caramel slice



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Week Two



Weeks beginning 13<sup>th</sup> Sept / 4<sup>th</sup> Oct / 8<sup>th</sup> Nov / 29<sup>th</sup> Nov / 13<sup>th</sup>





# LUNCH Lyndhurst School



Monday

Tuesday

Wednesday

Thursday

Friday

Everyday

Main

Macaroni cheese with ham

**Pizza Bar**  
with a selection of toppings:  
Pepperoni  
Ham  
Chicken

Roast Pork with gravy

Sausage casserole

BBQ Chicken

**Salad Bar**  
**Jacket Potatoes**

Meatfree

Macaroni cheese

Cheese & onion turnover

Cauliflower & Broccoli cheese bake

Vegetable curry

**Jelly**  
**Yoghurt**  
**Cut Fruit**

And to go with

Sweetcorn  
Broccoli

Garlic Bread  
Coleslaw

Roast Potatoes  
Carrots  
Broccoli

Mashed potatoes  
Peas  
Cabbage

Rice  
Green beans  
Sweetcorn

Pudding

Carrot cake with cream cheese topping

Apple  
Crumble with custard

Chocolate  
Brownie

Syrup sponge & custard

Cornflake cake



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Week beginning 20<sup>th</sup> Sept / 11<sup>th</sup> Oct / 15<sup>th</sup> Nov / 6<sup>th</sup> Dec