



Summer Term 2022

Year 3 - Year 6 After School Activities Weekly Schedule

	Monday	Tuesday	Wednesday	Thursday	Friday
Classes	Ballet		Spanish & Judo		
Year 5 & Year 6					
4:00 - 4:30	Enrichment	Enrichment	Year 5 Enrichment Year 6 Media Club Miss Joyce	Enrichment	Enrichment
4:30 - 5:00	Comic Making Mrs Giltrap & Miss Muzakir	Fitness & Athletics Mrs Morgan-Pugh	Year 5 Cricket Miss Lovett Year 6 Media Club Miss Joyce	Zumba Mrs Follows	Ball Games Mr Rudkin
Year 3 & Year 4					
4:00 – 4:30	Enrichment	Enrichment	Enrichment	Enrichment	LEAF Mr Manser & Miss Lovett
4:30 - 5:00	Multi Sports Miss Lovett & Miss Symes	Drama Club Mrs Giltrap & Miss Lovett	Fitness & Athletics Mrs Morgan-Pugh	Let's Get Creative Mrs Rudkin	

The children will experience a different range of activities during after school sessions. Please do read the explanation of each activity.

<p><u>Comic Making</u> We will be designing our own comics and superhero's and looking at different styles of illustrations and presentation.</p>	<p><u>Multi Sports</u> A range of sporting and fitness activities. Something for everyone! The children will need trainers.</p>
<p><u>Drama Club</u> Using games to help develop drama skills and practicing some dramatic presentations. Always working as a team and taking turns!</p>	<p><u>Fitness & Athletics</u> Focussing on developing strength, speed, power, agility, coordination, balance and stamina which all help to become a good athlete. Remembering that it is important that we all keep fit and healthy.</p>
<p><u>LEAF</u> Do you like the great outdoors? Do you long to find out more about the natural world? Do you want to swap your pencil for a stick? Your glue stick for some tree sap? Then join us for Friday afternoon LEAF and become one with nature! Den building, fire starting, tree spotting, bug hunting, stick whittling, natural construction and more await you!</p>	<p><u>Zumba</u> Zumba is a fitness program that combines Latin and international music with dance moves. Zumba routines incorporate interval training – alternating fast and slow rhythms – and resistance training. The children only need to bring in trainers and P.E kit if they wish to change, no home clothes.</p>
<p><u>Let's Get Creative</u> Explore a variety of different art forms and techniques and produce your own masterpieces each week.</p>	<p><u>Cricket</u> Learn skills and tactics for playing good cricket and practice these so they can be used effectively in matches.</p>
<p><u>Media Club</u> Read all about it! In Media Club, the children will create their very own newspaper, guided by Miss Joyce, who worked as a journalist for many years. The club involves writing, editing, design and at the end of term, hot off the presses, a brand-new edition of Lyndhurst World!</p>	<p><u>Ball Games</u> A chance to develop hand and eye coordination through fun activities. All children will need trainers.</p>